



#### **BREAKFAST MENU**

Served Daily — 7:30 am - 11:00 am

## **CHAMPIONS START**

## SEASONAL BERRY PARFAIT | 10

Greek Yogurt, Granola, Seasonal Berries, Honey

# AVOCADO TOAST | 12

Multigrain Toast, Smashed Avocado, Sunny Side Up Cage Free Egg, Served with Seasonal Fruit

## ROOK'S BURRITO | 13

Scrambled Cage Free Eggs, Potatoes, Roasted Peppers, Onions, Applewood Bacon, Mixed Cheeses, Pico De Gallo, Avocado. Served with Seasonal Fruit

## THE BACON EGGER 13

Toasted English Muffin, Fried Cage Free Egg, Applewood Smoked Bacon, American Cheese, Choice of Breakfast Potatoes or Seasonal Fruit

### SIDES

TOAST OR ENGLISH MUFFIN | 3

TWO CAGE FREE EGGS | 4

APPLEWOOD SMOKED BACON | 4

SAUSAGE | 4

BREAKFAST POTATOES | 4

SEASONAL FRUIT | 4

## **SPECIALTIES**

#### MCM PANCAKES | 14

Three Pancakes, Applewood Smoked Bacon, Choice of Buttermilk, Chocolate Chip or Blueberry. Served With Seasonal Fruit

### ALL AMERICAN | 14

Two Cage Free Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Served With Your Choice of Toast And Seasonal Fruit

## BUILD YOUR OWN OMELETTE | 12

#### Each Topping \$1

Choice of Egg: White or Whole

Choice of Toppings: Onions, Peppers, Mushrooms, Spinach, Tomato

Choice of Cheese: Cheddar, Swiss

Choice of Protein: Bacon, Ham, Turkey

Served With Choice of Toast, Breakfast Potatoes And Seasonal Fruit

## **MORNING COCKTAILS**

MIMOSA | 10

Prosecco, Choice of Orange Juice or Cranberry Juice

BLOODY MARY | 10

Smirnoff Vodka, Club Blend, Olives, Lemon, Lime

MCM MARY | 14

Tito's Vodka, Applewood Smoked Bacon, Club Blend, Olives, Lemon, Lime

(V) Vegetarian (GF) Gluten Free (N) Contains Nuts | Members receive a 20% discount. | A 20% discretionary gratuity and 7% sales tax will be added to all checks.

IF YOU HAVE ANY CONCERNS REGARDING FOOD ALLERGIES, PLEASE ALERT YOUR SERVER PRIOR TO ORDERING. CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

# ROOKERY GRILL ALL DAY MENU 11AM-6PM





#### **BIRDIE BITES**

SOUP OF THE MOMENT | 6/8 HOUSEMADE CHILI | 6/8 (GF)

Sour Cream, Cheddar Cheese, Green Onions, Tortilla Chips

PULLED PORK NACHOS | 16

Slow Roasted BBQ Pork, Cheddar Cheese, Red Onion, Roasted Tomato Salsa, Sour Cream, Guacamole, Fresh Cilantro, Queso, Piled on Corn Tortilla Chips

SOUTHWEST QUESADILLA | 10 (V)

Roasted Peppers, Onions, Southwest Cheese Blend, Flour Tortilla

ADD: Chicken 7 | Shrimp 8 | BBQ Pork 8

(8) CRISPY CHICKEN WINGS | 15 (GF)

Choice of Buffalo, Sweet Thai Chili, BBQ, Lemon Pepper

(8) PORK POT STICKERS | 15

Spicy Peanut Sauce, Garlic Soy Sauce

#### **FLATBREADS**

CAPRESE | 14

Mozzarella, Roasted Tomato, Basil, Balsamic Glaze

CALIFORNIA | 16

Blackened Chicken, Cheese Mix, Bacon, Avocado, Tomato, Chipotle Ranch

BUFFALO CHICKEN | 16

Blue Cheese Sauce, Green Onions

#### ON THE GREEN

ADD: Chicken 7 | Shrimp 8 | Salmon 12 | Grouper 15

PAR THREE | 15

Baby Greens, Cherry Tomatoes, Red Onions, Cucumber, Tuna Salad, Egg Salad, Chicken Salad, Toasted Naan

CLASSIC CAESAR | 10/14

Romaine Hearts, Garlic Croutons, Shaved Parmesan, Creamy Dressing

COBB SALAD | 15 (GF)

Romaine Hearts, Cherry Tomatoes, Applewood Bacon, Grilled Chicken, Hardboiled Eggs, Avocado, Blue Cheese Crumbles, Ranch

CITRUS SALAD | 10/14 (N) (GF)

Baby Greens, Quinoa, Mango, Pomegranate Seeds, Red Onion, Candied Pecan, Orange Segments, White balsamic

WATERMELON | 10/14 (GF)

Arugula, Cucumber, Pickled Red Onions, Feta Cheese, Balsamic Glaze

#### THE CUSTOM PICK TWO | 14

Soup of the Moment | Half Deli Sandwich | Choice of Caesar, Citrus or Watermelon

CHOICE OF | Ham, Turkey, Chicken Salad, Egg Salad, Tuna Salad

SERVED WITH | Lettuce, Tomato and Pickle with Daily Selection of Bread

#### DESSERTS

#### Daily Selections of Gelato

#### CHEF'S FAVORITES

All Handhelds Served with a Pickle Spear, Choice of Steak Fries, Sweet Potato Fries, House Chips, Cup of Seasonal Fruit Or Veggies & Ranch. Items Below Can Be Made with (GF) Wraps or Bread.

GROUPER SANDWICH | 25

Grilled or Blackened, Lettuce, Tomato, Red Onion, Citrus Aioli, Brioche Bun

GRILLED CHICKEN AVOCADO | 17

Chicken Breast, Avocado, Bacon, Lettuce, Tomato, Cajun Mayonnaise, Brioche Bun

TURKEY CLUB WRAP | 15

Turkey Breast, Applewood Bacon, Lettuce, Tomato, Mayonnaise, Spinach

Tortilla Wrap

SHRIMP BLT WRAP | 19

Blackened Shrimp, Applewood Bacon, Lettuce, Tomato, Remoulade, Spinach Tortilla Wrap

REUBEN | 17

Corned Beef Or Turkey, 1000 Island Dressing, Swiss Cheese, Sauerkraut, Marble Rye

BEYOND MEAT BURGER | 18

Lettuce, Tomato, Red Onion, Brioche Bun

PULLED PORK | 17

Slow Roasted Pork, House Made BBQ Sauce, Fried Onions, Brioche Bun

MEATBALL SUB | 17

House Made Meatball, Marinara Sauce, Mozzarella Cheese, Hoagie Roll, Basil

SMASH BURGER | 16

American Cheese, Caramelized Onions, Pickles, Chipotle Mayo, Potato Roll